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SOME ASPECTS OF NĀYAR LIFE.

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Note.—I have not attempted here to write anything like a detailed study of the Social Life and Customs of the Nāyars. My purpose in this Essay has been mainly to put together a few facts which do not seem to have been sufficiently dealt with by previous writers. It is therefore offered rather as supplementary notes than as an original contribution.

I have everywhere depended upon my own observations as to matters of detail. Wherever I have ventured either to suggest new interpretations or to question old theories my authorities generally are eighteenth-century Malayalam poets, who describe the Nāyar Society of the time with great accuracy and detail. My debt to various anthropological classics is evident, and I have acknowledged it everywhere in footnotes.

I.—Introductory.

The Nāyar country extends traditionally from Gokarnam to Cape Camorin along the littoral of the Arabian Sea. The geographical position of the country is very important. The Western Ghats, which extend from near Bombay down to Cape Camorin, attain near the Malabar country the character of a mountain range studded

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with high and noble peaks. These shut the Nāyar country entirely out of the rest of India and have helped to a very great extent to preserve the peculiar customs of marriage and relationships of Malabar. The monsoon which these Ghats receive makes Malabar the most picturesque part of India, an ever green country with lofty trees, luxuriant vegetation, noble rivers and magnificent lakes. There is nowhere a place which so much approximates to the description of

> "Larger constellations burning, mellow moons and happy skies,
> Breaths of tropic shade and cluster knots of paradise;
> Droops the heavy blossomed bower, hangs the heavy fruited tree,
> Summer isles of Eden lying in the purple sphere of sea."

The extreme fertility of the valley and the rich tropical luxuriance of the forest have made life extremely easy, which even the importation of machines, mills, and factories has not been able entirely to change. Malabar is to a great extent, therefore, a land of idleness, and I may say of intellectual culture, for nowhere is learning, art, and poetry so much esteemed as among the Nampudiris and Nāyars of Malabar.

There are various reasons to believe that the Nāyars were very early comers in this place.[1] That they were not the aboriginal inhabitants of the place is evident from the fact that all over Malabar, from Mangalore to Cape Camorin, Nāyar families possess agricultural serfs who are distinctly of the negroid type. The Nāyars are a Dravidian race whose culture has only been superficially influenced by the Aryan immigration; of this more later.

The other communities of Malabar among whom the Nāyars live, are the Nampudiris, the Tiyas and the Pulayas. The Nampudiris are Brahmin landlords whose intercourse with and influence on the Nāyars we shall have to consider in detail later. A few families of Kshatriyas form the petty royalty of Malabar. The Tiyas are toddy drawers, people who are free men in theory but still show traces of serfdom in their relation with Nāyars, living as their tenants and doing their work for them. And the Pulayas, who till lately were slaves on whom was built up the agricultural life of the country. There are innumerable minor tribes, but they are small communities differentiated on the basis of their profession, like the Kanyans (astrologers), Asaris (carpenters), etc.

In this order Nāyars come next to the Brahmins and Kshatriyas and have precedence over all other castes. They are considered generally as a Dravidian variety of the Aryan Kshatriyas, which is, however, absolutely spurious in theory and is true only in so far as their *de facto* position is concerned. Any way, they form the feudal aristocracy of Malabar. Burke on a famous occasion classed them with

[1] See note at the end of the essay, on "The Origin of the Word Nāyars," Appendix. Note I.

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1.9 The distance within which these rivers descend to the sea level being very short, there are generally a large number of steep falls or a series of cascades in their courses. These provide a rich potential for generation of hydro-electric power, which can be generated at a low cost (1.7 nP per kWh on an average). This low cost power potential is an important asset of Kerala from the point of view of the future programmes of industrialization.

1.10 Some other implications of topographical features are not so obvious. For example, the lakes, the lagoons and the backwaters fringed with coconut palms, no doubt, impart to Kerala its characteristic scenic beauty and provide one of the chief tourist attractions. Their importance, however, goes much beyond the purely aesthetic aspect. In fact, the backwaters—especially in the Travancore-Cochin region—are indirectly responsible for providing the means of livelihood to a vast section of the population. Coir spinning, the chief industry of Kerala, is located in this State primarily because of the natural retting facilities provided by the backwaters. The availability of these facilities is unique in the case of Kerala. In almost all other coconut-growing areas of India, the coconut husks go waste because of the absence of natural retting facilities. Since coir industry provides an occupation to 4 to 5 lakh persons (about 10% of the total working force and 40% of industrial working force), one can well imagine what the unemployment situation in Kerala would have been in the absence of the backwater facilities. The backwaters have also facilitated the development of a wide network of inland waterways all along the coastline. Apart from employing a large number of persons in towing or rowing the boats, the inland waterways provide inexpensive modes of transporting the agricultural produce and light industrial goods manufactured in the coastal area.

1.11 Up till now only some of the favourable consequences of physical features have been pointed out. The sloping terrain and preponderance of backwaters in the coastal area also possess a negative aspect. The heavy downpour is gradually leaching off the mineral content of the soils, thus rendering them generally poor in their fertility status. One of its ultimate consequences is the fact that livestock feed available in Kerala is deficient in mineral content and this in turn reduces the yield of milk of the livestock. The heavy precipitation of rain also creates a serious flood control problem in Kerala.

1.12 The backwaters raise other problems as well. During the dry summer months saline water from these flows into the lower reaches of the rivers, many of which fall into the backwaters. This has an adverse effect on cultivation and the supply of drinking water in the coastal areas. Coastal areas are, therefore, beset with the problem of salinity control. The chain of consequences does not stop here. Recently implementation of one of the important salinity control measures in Kerala, viz., the Thanneermukkom bund across the Vembanad lake has created a new problem in its wake. The accretion of limeshell deposits, an important raw material found in the lake, depends on the high salinity of the lake water. Since, after putting up of the barrage salinity of water will get reduced, it will have adverse repercussions on the long run supply position of the limeshells. This, in turn, jeopardizes the long run prospects of the cement industry in the State which is based on the limeshells.

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